

TOURIST OFFICE LAROQUE DES ALBERES

DISCOVERY OF THE OLD VILLAGE AND ITS SURROUNDINGS

This family walkabout will allow you to discover the old village of Laroque des Albères and the surrounding area.

Easy walk Climb : less than 100 m. Duration : 1H 30 approximately, not including stops.

Advice : It is an easy walk but don't forget to follow the general safety tips; (take sufficient drinking water, wear appropriate footwear and clothing; hats, sunglasses, suncream and don't stray from the indicated path).

Practical Information : All along the route, you will find pleasant spots for pick-nicking. Each spot on the map indicated in bold text corresponds to a stop on your child's activity sheet.

Office de Tourisme Laroque des Albères

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OFFICE DE TOURISME

From September 1st to June 30th Monday to Friday : 9h00 – 11h30 / 14h00 – 17h30 From July 1st to August 31th Monday to Sunday noon : 9h00 – 12h30 / 15h00 – 18h30 CLOSED ON PUBLIC HOLIDAYS

• Departure from the 'Office du Tourisme'.

Go up to the centre of the old village by taking the steps next to the office du tourisme and then cross the small square by the *Mairie*, onto the *Rue du Puig* opposite; Take the *Rue du 14 Juillet* and go right onto the *Rue Maréchal Joffre*.

• After the steep rise you come to the *Place de la République* square and its superbe platane tree planted in 1830. Go towards the church, l'église Saint Félix (formerly an armoury). Opposite the church porch take the *Rue de l'Eglise* cul-de-sac, this leads onto the path, flanked by a stream. The path exits the village.



• On the right the **Moulin de la Pave** (ancient flour mill), currently being restored, it dates from the 14th century and operated until the mid 19th century. Several metres higher up there is the picturesque shaded **Fontaine des Oiseaux**, (Fountain of the birds). The path continues on upwards following a partly buried water pipe.

- Go up to the junction and go right. You will come to a pool. Several metres

• You come to the Mas d'en Bordes (the house on the right).

• Pass in front of the house and follow the path by continuing straight on instead of going left.

• You come to a junction with signposts. Don't go left (Puig Neoulos) but take the right path which goes down to the river. Be careful because this path is very uneven at certain points.

• On arriving at the path junction situated above the river go left and follow the irrigation canal on your left until you come to les Caranques.

• Les Caranques. Natural river pool. This has over the years been a bathing spot for many generations of young Rocatins (people from Laroque) **BE CAREFUL !** There is now a law prohibiting bathing for safety reasons.



• Turn around and go back to the strategic junction. This time go left down to the river « Roc del Grèvol » .

• Cross the river via the ford and then go up until you get to a small tarmacked road. Go right along this road for several metres and you come to the ruins of the **Chapelle Roca Vella**. This edifice originally measured 9 m high.



Go back to the strategic junction. Go left following the irrigation canal on your right and join the path which goes down to la Source Minérale (Spring) (post on the left with the n° 2).

• Go down this path which descends to the spring . You come to the river: picnic benches. **BE CAREFUL !** Do not cross the dam wall which accesses the spring .



• Follow the river down using the yellow marked path and cross the ford. Go though a small cops of trees and come to a lane then turn left up to the tarmacked road. Turn right down this road.

• The village will reappear along the *Rue de Roca Vella* and you will have a superb view of the village .

• Chapelle SANT SEBASTIA, a single naved edifice with a trapezoidal apse covered by a semicircular vault. Go alongside the wall of the chapel and take the *Chemin de la Florentine* which will lead you towards the old village passing through the allotments.



• Cross the metallic bridge over the stream, to rejoin the *Rue du Château*. Follow this road up towards the church. Just before the church turn left up to the **belvédère du château (Belvedere castle)**. Dating from 1100 the belvedere provides a superb panoramic view of Pic Neulos 1256 m (South), Canigou 2784 m (West), the Roussillon plain (North) and the Mediterranean coast (East).

• Go back down to *Place de la République* and then down the steep road on to the *Avenue du Maréchal Joffre*. At the intersection look up to observe **the sun dial**.

Take a left onto the *Rue Arago* to return to the *office de tourisme*.